



UNITED STATES MARINE CORPS
11TH MARINES
1ST MARINE DIVISION (REIN), FMF
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1500
CO
AUG 24 2022

POLICY LETTER 01-22

From: Commanding Officer
To: Distribution List

Subj: UNIT MARINE AWARENESS AND PREVENTION INTEGRATED TRAINING

Ref: (a) MCO 1500.63 w/ch 1
(b) DoDI 6490.16
(c) MARADMIN 512/14
(d) I MEF Updated Guidance for Annual Unit Marine Awareness and Prevention Integrated Training dated 9 June 2021

Encl: (1) Division "One-Minute Anonymous Feedback Form"

1. Purpose. In accordance with the references, update the policy for the implementation and sustainment of the 11th Marines Unit Marine Awareness and Prevention Integrated Training (UMAPIT) program in order to reduce maladaptive behavior in the Regiment.

2. Information

a. UMAPIT is a knowledge and skills-based prevention-focused training. In order to reduce behavioral health training requirements, UMAPIT integrates suicide awareness and prevention, substance misuse prevention, domestic violence and child maltreatment prevention, and combat operational stress control (COSC) concepts. Unit Marine Awareness and Prevention Integrated Training fulfills the current calendar year training requirement in reference (a). While combat and operational stress control concepts are taught throughout this course as related to behavioral health issues, UMAPIT does not replace the policy requirements related to Combat Operational Stress Control (COSC) and Readiness training.

b. All Marines, Sailors, and personnel attached to 11th Marines will receive UMAPIT, which builds on behavioral health training received throughout an individual's career. Unit Marine Awareness and Prevention Integrated Training is intended to be initial level training; small unit leaders are encouraged to conduct additional training based on UMAPIT principles at their own discretion. The objectives of UMAPIT are:

(1) Raise awareness about common risk and protective factors; incorporate skills-based training on resilience, decision-making, coping strategies, and peer intervention.

(2) Integrate suicide awareness and prevention, substance abuse prevention, domestic violence and child maltreatment prevention, and COSC concepts in one singular training event.

(3) Ensure personnel understand their responsibility to intervene when a person shows signs/symptoms of behavioral health issues.

(4) Increase acceptance and practice of help-seeking behaviors and willingness to refer and/or

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report behavioral health incidents.

c. Facilitators will be members of 11th Marines and Embedded Preventive Behavioral Health (EPBH) personnel who are certified as UMAPIT trainers or master trainers.

3. Policy

a. Unit commanders are responsible for vetting and nominating personnel to serve as UMAPIT instructors. Nominated instructors will be top performing staff non-commissioned officers (E6 or above), officers (O2 or above), or warrant officers, who are well respected throughout the unit. Personnel nominated cannot have a record of adverse family advocacy involvement, drug or alcohol related incidents, or suicidal behavior. Nominees must have at least one year time on station remaining with 11th Marines.

b. Nominated personnel will attend the three-day train-the-trainer (T3) course conducted by the 11th Marines Behavioral Health Specialist. Graduates of T3 will receive a certificate of completion. Battalion S-3s will maintain a certificate copy of their Battalion's graduates; Regiment S-3 and the 11th Marines Behavioral Health Specialist will maintain a copy of every graduates' certificate. The Regiment S-3 will run each certificate under the code of "BJ" in Marine Corps Training Information Management System (MCTIMS) for each of their graduates.

c. The Regiment will conduct a minimum of three T3 courses per calendar year; additional courses are available upon request to the 11th Marines Behavioral Health Specialist.

d. The 11th Marines Behavioral Health Specialist will observe UMAPIT courses and provide, or coordinate, supplemental subject matter expertise in order to support training and verify instructors teach the required elements of the period of instruction. Newly certified instructors will notify the 11th Marines Behavioral Health Specialist 72-hours prior to instructing their first class.

e. Instructors certified outside of 11th Marines will meet with the 11th Marines Behavioral Health Specialist to determine if the individual meets the standards established within this policy.

f. Certified instructors who have not instructed UMAPIT within a year of the certification process are subject to review and potential recertification prior to instructing. The 11th Marines Behavioral Health Specialist is the primary point of contact for all potential recertification issues.

g. Subordinate Battalions and Headquarters Battery, 11th Marines will each maintain a minimum of (20) certified instructors. Instructors are intended to provide training to the Marines and Sailors in their respective platoon only, unless specifically requested to provide support to another unit.

h. UMAPIT will be an interactive 90 to 180 minute course conducted in groups of no more than 30 personnel. The groups will only contain personnel of the same rank category; junior enlisted, non-commissioned officers (NCO), staff non-commissioned officers (SNCO), and officers/warrant officers.

i. At the conclusion of all UMAPIT sessions, the instructor will collect training feedback from all participants using enclosure (1). Instructors will deliver feedback forms to the 11th Marines Behavioral Health Specialist within one week of training completion.

j. Units will submit training in MCTIMS for all individuals who have completed UMAPIT by uploading attendance rosters to the calendar event for certification.

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k. Unit Marine Awareness and Prevention Integrated Training training materials and support resources are maintained in Microsoft TEAMS. 11th Marines Behavioral Health Specialist, Mrs. Kimberly Abramson will grant access to the UMAPIT channel via an invitation to certified instructors.

3. Scope. This policy is applicable to all members assigned or attached to units within 11th Marines.

4. The point of contact for this is the 11th Marines Behavioral Health Specialist, Mrs. Kimberly Abramson, email kimberly.abramson@usmc.mil or phone (619) 602-9555.



P. F. ELDRIDGE

Distribution: A

1st Marine Division One-Minute Anonymous Feedback Form

Education and Training Event: UMAPIT 3.0

UNIT:

INSTRUCTOR:

Date:

The purpose of this form is to solicit your feedback on the preventative education and training event you just experienced. Rest assured that your feedback is anonymous and will be used solely to improve preventative education and training events and will not be put to any other purpose. Please candidly answer the following questions:

- I. What did you learn that you did not know before the education and training session began?

- II. What did you learn from this education and training session that you would like to know more about?

- III. Would you recommend this education and training session for other units? If so, please explain why so, and if not, please explain why not?

- IV. Additional Comments (Use the back if necessary)

**PLEASE ENSURE THAT THESE FORMS ARE COLLECTED FROM ALL PARTICIPANTS
AND ARE SUBMITTED TO MS. KIM ABRAMSON 11TH MARINES HQ BATTERY
OFFICE BLDG 43525 WITHIN 1 WEEK OF COLLECTION
THANK YOU ☺**
