



UNITED STATES MARINE CORPS
11TH MARINES
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6000
CO
FEB 16 2021

REGIMENTAL POLICY LETTER 1-21

From: Commanding Officer
To: Distribution List

Subj: LIMITED DUTY POLICY FOR 11TH MARINES

Ref: (a) CGIP Checklist, Separation, Retirement, & Limited Duty 1900.16
(b) MCO 1900.16

Encl: (1) New LIMDU Patient Information Sheet
(2) LIMDU Rules and Responsibilities
(3) LIMDU Checklist for New Patients
(4) Page 11 Example

1. Overview. To provide guidance and ensure compliance of limited duty across the regiment.
2. Endstate. A member is successfully returned to full duty, or is otherwise processed in a timely, appropriate manner from the service.

3. Billet Requirements

a. Limited Duty Coordinator (LDC). A LDC must be appointed in writing and must be the rank of Staff Non-Commissioned Officer (SNCO) or higher. This individual will review the Commanding General's Inspection Program (CGIP) checklist and ensure compliance for maintaining the program. The LDC will coordinate with unit leadership and medical staff, as necessary.

b. Medical Officer (MO). The MO will serve as the subject matter expert on individual cases and will be the liaison between the command and other medical entities, i.e., specialists. The MO can provide recommendations pertaining to second or third assignments, as well as to the placement of a member on a physical evaluation board (PEB).

c. Unit Leadership. Commanders, first sergeants, and section leaders need to be aware of and engaged with their Marines or Sailors assigned to limited duty (LIMDU). They will serve as points of contact for the LDCs and MOs when issues arise.

4. Process Overview. The following is a generic overview of how the LIMDU process works for an assigned individual.

a. First Assignment. A medical professional will assign a member to a first term LIMDU period (6 months). During the first period, the member must show an active effort to improve their condition.

(1) The battalion MO will provide an in-call with the assigned individual to ensure the Marine or Sailor thoroughly understands the process. The MO will issue the 'New LIMDU Patient Information Sheet' (enclosure 1), the 'LIMDU Rules and Responsibilities' sheet (enclosure 2), and the 'LIMDU Check-List for New Patients' (enclosure 3).

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(2) The individual will then go to their battery first sergeant, who will assign a page 11. This is to ensure the member complies with all requirements during the entire assignment and understands that administrative action will be taken if full compliance is not kept.

(3) The individual will then go to the LDC and bring a copy of their LIMDU paperwork to have a LIMDU status code run in the 3270 System.

b. Second Assignment or PEB. No later than 60 days before the first period ends, the member must see the unit MO or specialist for a re-evaluation. The member can be recommended and assigned a second period of LIMDU, or alternatively, the command can recommend the member for a PEB. If a command requests a PEB is selected, this request will be routed by medical staff and the S-1 to the Manpower Management, Separation and Retirement section (MMSR-4) for processing.

(1) Second Assignment Option. The MO will advise the commanding officer (CO) if a second period of LIMDU is necessary. If recommended, the member will continue to comply as originally ordered in the first assignment. A second page 11 will be assigned by the battery first sergeant.

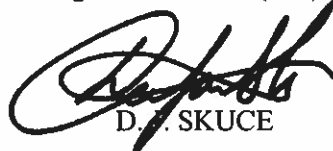
(2) PEB Recommendation Option. The MO can advise the CO that a PEB is an appropriate request in lieu of assigning a member to a second period of LIMDU. This determination can be made at any point in the LIMDU period if the individual is not anticipated to return to full duty in the allotted time. The MO will create a medical synopsis of the case overview for the CO's review. Upon CO's concurrence, a PEB package will be routed through the battalion/regiment medical staff to MMSR-4 for a final decision.

c. Conclusion of Assignment. Upon conclusion of a first or second assignment, the Marine or Sailor is returned to full duty or recommended for separation. A recommendation for separation will usually be via the PEB process. In rare cases, a third assignment of LIMDU can be given – these cases must be routed to MMSR-4 for review by medical staff before that third assignment occurs.

5. Administrative Actions. The enclosures serve to enable compliance. If a Marine or Sailor continually misses appointments or willfully neglects to work towards recovery, administrative action will be taken. Leaders are reminded that medical appointments are the individuals appointed place of duty and should be afforded the opportunity to attend. If the member needs assistance, they may contact the MO or LDC.

6. Limited Duty Meetings. The individual will be required to attend a monthly meeting with the MO to review their LIMDU case, progress, and any barriers to care. The MO (or a representative) and the LDC will meet at least monthly to review cases and address any concerns. The MO will meet with the CO at month 4 of a LIMDU period to advise on recommendations for another period of LIMDU or PEB referral. Commanders will have monthly LIMDU meetings to track progress and make adjustments.

7. The point of contact for this policy letter is Regimental S-1 at (760) 725-3627.



D. J. SKUCE

Distribution List:

Commanding Officer, Headquarters Battery
Commanding Officer, 1st Battalion, 11th Marines
Commanding Officer, 2nd Battalion, 11th Marines
Commanding Officer, 3rd Battalion, 11th Marines
Commanding Officer, 5th Battalion, 11th Marines

New LIMDU Patient Information Sheet

Patient Information:

Name: _____

Rank: _____

Unit: _____

Shop: _____

LIMDU Information:

Injury/illness: _____

Date placed on LIMDU: _____

Date of LIMDU expiration: _____

LIMDU provider/department: _____

Planned Surgery: Y / N Date: _____

Contact Information:

Patient phone number: _____

Patient email: _____

OIC/SNCO name: _____

LIMDU Rules and Responsibilities

1. _____ LIMDU is a privilege provided to you by the Marine Corps to allow time to recover from an injury or illness.
2. _____ LIMDU lasts up to 6 months, but if you improve/recover you can be placed back on full duty at any time.
3. _____ Marines on LIMDU can also be sent to a Medical Board at any time based on the Commander's discretion.
4. _____ All LIMDU cases will be reviewed at month 4 to decide if the Marine should be sent to a Medical Board.
5. _____ The Commander's determination of continuing LIMDU will be based on 1) the Marine's prognosis, 2) the time needed to recover, and 3) the Marine's commitment to recovery.
6. _____ A limited number of cases may warrant a 2nd period of LIMDU (an additional 6 months), but this is an exception, not the rule.
7. _____ While on LIMDU, any medical appointments are your appointed place of duty.
8. _____ If you miss a medical appointment without an acceptable excuse, you will be considered UA and can face disciplinary action (6105).
9. _____ Multiple missed appointments will be grounds for ADSEP for noncompliance with medical care.
10. _____ LIMDU is not an excuse for BCP failure. You will need to adjust your diet if you cannot exercise enough to maintain an acceptable weight.
11. _____ All Marines on LIMDU are expected to check in with Case Management at the Naval Hospital.
12. _____ All Marines on LIMDU need to see the Medical Officer monthly for a check up on their status.
13. _____ Marines are responsible for booking their appointments as instructed by Medical. Failure to book appointments can also be grounds for ADSEP for noncompliance with medical care.
14. _____ Marines struggling to book appointments will reach out to the Medical Officer or Case Management for assistance.

I have read and understand all of the LIMDU Rules and Responsibilities as outlined above.

Name: _____

Signature: _____

Date: _____

LIMDU Check-List for New Patients

#1. [Unit Medical] – [Number]

- Bring copy of LIMDU paperwork
- Fill out LIMDU patient information sheet
- Sign and return LIMDU Rules/Responsibilities form

#2. [Limited Duty Coordinator, Section] – [Number]

- Bring copy of LIMDU paperwork

#3. Unit 1stSgt – [Number]

- See your 1stSgt to sign the page 11

Naval Hospital – (760) 725-1288

- (Optional) Meet with Case Manager – 3rd deck, walk in hours M-F 0730-1530, (760) 719-3167



ADMINISTRATIVE REMARKS (1070)

DATE	DATE	DATE
Articles UCMJ explained to me this date as required by Article 137, UCMJ.	Articles UCMJ explained to me this date as required by Article 137, UCMJ.	I have been counseled concerning SBP and fully understand the automatic enrollment and future enrollment provisions on the Plan.
(Signature)	(Signature)	(Signature)

_____: On this date, I acknowledge the understanding that I have been placed in a limited duty status. I am personally responsible for adhering to medical advice and promoting rehabilitation during this period.

_____: I know that a period of limited duty lasts 6 months, that I can be placed back on full duty at any time, and that at month 4, I must be re-evaluated to see if I am fit for: return to full duty, a second period of limited duty assignment, a Performance Evaluation Board, or other alternatives pertaining to my ability to serve.

_____: I understand it is my responsibility to ensure my limited duty status remains current. I must make and attend all appointments, as prescribed by my treatment plan. If I am going to miss an appointment, it is my responsibility to cancel in a timely manner and reschedule.

_____: I understand that if I am purposefully delaying or avoiding treatment or engaging in behavior that is detrimental to my rehabilitation, that I can face administrative action. Not showing for an appointment may constitute a violation of the UCMJ, Article 86 (Unauthorized Absence) and Article 92 (Failure to Obey a Lawful Order) and I may be subject to administrative action.

_____: I understand that if I am unable to obtain the appointments required, or have other issues with my treatment plan, that it is my responsibility to contact my leadership, the Medical Officer, and the Limited Duty Coordinator, to ensure I seek the proper assistance in a timely manner.

NAME (last, first, middle)	EDIPI